

Maine Early Childhood Consultation Partnership®

The Maine Early Childhood Consultation Partnership (ECCP®) is an infant and early childhood mental health consultation program that addresses the social-emotional needs of children birth to age eight, by offering support, education, and consultation to the adults who care for them. ECCP® is an evidence-based model with rigorous research support. ECCP® services are provided at no cost to families and early care and education providers. Services are provided by licensed, master's level mental health consultants.

Counties Served:

- Androscoggin
- Kennebec
- Aroostook
- Penobscot
- Cumberland
- Washington
- Hancock
- York



For more information or to make a referral:

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Scan the QR code to visit us
online and locate your local
ECCP consultant.

maine.gov/dhhs/ocfs



ECCP partner agencies:

Community Care
Community Health & Counseling Services
Sunrise Opportunities

For Educators and Caregivers
of Young Children



Helping relationships grow

Maine Early Childhood Consultation
Partnership (ECCP®)

What is ECCP®?

ECCP® is a service that helps early childhood providers and caregivers of young children build understanding and skills to respond to the social-emotional needs of children. Experienced mental health consultants work directly with caregivers and early childhood providers to identify and implement strategies to support children's emotional wellbeing and effectively manage challenging behavior.

ECCP® provides services to classrooms or individual children. Families, providers, educators, or directors may request services. The level of service provided is based on the needs of the program or individual child.

Services may last anywhere from 6 weeks (Child-Specific) to 14 weeks (Core Classroom). Specific consultation topics may include anything from managing aggressive behaviors, difficulties with transitions, creating positive classroom cultures, improving responsiveness of teaching staff, and building effective partnerships with families.

Core Classroom Services

ECCP®'s Core Classroom service focuses on supporting and coaching teachers and care providers to strengthen the social, emotional, or behavioral supports for children in their program. The ECCP® Consultant provides intensive, weekly support and coaching to the teaching staff with the goal of building capacity to better meet the social-emotional needs of the classroom.

Who Can Make a Referral?

Referrals for Core Classroom services may be made by the center/program director, family child care provider, owner, or teacher.

Reasons to Refer

ECCP® is ideal for centers and family child care providers interested in improving behavior management in the classroom; improving the social and emotional tone of the classroom; enhancing partnerships between and among teachers, parents and administrators; by obtaining hands-on and practical strategies to support the social and emotional needs of the children in their care.

"The new resources our ECCP Consultant provided have been helpful in reducing negative behaviors, while strengthening tools already being used."

PARENT, CHILD SPECIFIC SERVICE

Child-Specific Services

ECCP®'s Child-Specific service focuses on a young child who is struggling with social, emotional, or behavioral difficulties in their education or child care setting. The ECCP® Consultant meets with the family and the educator/caregiver, conducts a home and classroom observation to identify the child's strengths and needs, recommends strategies to meet the child's needs, and facilitates referrals to more intensive services, if needed.

Who Can Make a Referral?

Referrals can be made by parents, providers, teachers, or program directors. The service is voluntary, and the child's family must provide consent for the service.

Reasons to Refer

A child who may be experiencing behavioral challenges, difficulty with attention, poor social skills, or is at risk of suspension or expulsion from their child care setting may be referred. A child may also be experiencing a stressful event such as the birth of a sibling, parental separation, loss of a family member, or a community stressor such as a natural disaster.

